

Conocimiento

Conocimiento: Cultural Resilience & Testimonials. The Conocimiento Principle emphasizes the necessity of consciously creating community within the group to heighten the potential for personal growth and shared action. This is an interactive experience with activities to build awareness of one's individual strengths and identify strategies for building a Beloved Community

Conocimiento: La resiliencia cultural y testimonios. El Principio del Conocimiento enfatiza la necesidad de crear comunidad conscientemente dentro del grupo, para aumentar el potencial del crecimiento personal y la acción compartida. Ésta es una experiencia interactiva con unas actividades para crear la conciencia de las fortalezas individuales y para identificar estrategias para construir una Comunidad Amada.

Steps for Conocimiento

1. Please reflect upon one or two personal areas of strength for resilience building in your personal or professional life that you would like to share with the group
2. In the group, each member will have 1-2 minutes to share their reflections
3. Once everyone has shared, consider all of the strengths addressed and discuss as a group how this impacts our CAFE Board and team. What we can do as a team to incorporate and activate from this information in order to ensure we meet our goals and success levels desired for those we serve across the state?
4. Please designate a spokesperson to share with the larger group. Responses will be charted.

We will have 10 minutes for this activity