# Family Preparedness Plan

Every family should have a family preparedness plan. While it is our hope that you will never need to use it, it is good to have one in place to help reduce the stress of the unexpected.

## Step 1: Identify a caregiver

Identify a responsible adult that you trust and that your child knows and is comfortable around.

#### Step 2: Put a child care plan in place

Once you identify a person, you can begin to put a plan in place, like the Caregiver's Authorization Affidavit for people living in California.

### Step 3: Create a file of important documents

Gather all important documents that your caregiver will need to care for your child, like information about your child's school, medical history, and contact information.

#### Step 4: Talk to your child about your plan

Let your child know who will pick them up and care for them if you are unable to for some reason.

Step 5: Update emergency contact information at your child's school

